



Tiger Wests LAC Annual Report

Tiger Wests



Little Athletics
Centre

2025-26 Season



President's Report

REFLECTING ON A SEASON OF PROGRESS

Looking back on the 2025/2026 season, Tiger Wests has flourished as an **increasingly modernising and strong, well-functioning community club**. We have focused on blending technical innovation with the grassroots spirit that makes our club unique.



A technical highlight was the seamless integration of our **new electronic starter system**. This technology didn't just improve our results recording efficiency but **enabled instant feedback to kids and parents**, providing a fair and professional environment for every race.

PERFORMANCE: THE PB BOARD & THE TIGER SURGE

This season, we reinforced the message that "Personal Bests" are the ultimate goal. To drive this home, the **PB Board**, was introduced where athletes could write down and celebrate their individual improvements each week. The impact was immediate, and added to our effective programming:

- **Increased Engagement:** The board became a focal point of Friday nights, with kids eager to record their progress and celebrate each other's successes.
- **Driven Results:** This visible focus on self-improvement directly contributed to a **significant increase in athletes qualifying for Zone**.
- **The Pathway:** Our "Small Club Advantage" continues to shine. Because we offer more event time and personalized attention, our conversion rates from Zone to Region 8 remain incredibly strong, proving that our development model works.

THE HEART OF THE CLUB: PARENTS & VOLUNTEERS

While we continue to modernise, the strength of our community remains our greatest asset. I often call our committee "hardworking legends," but this year, the spotlight belongs to our **parent community**. With more parents than ever stepping up to manage age groups, time races, and assist with equipment.

This "many hands" approach has created a smoother, more energetic atmosphere. To all who learned a new officiating skill or helped out for the first time this season: **thank you**. You are the reason our club functions as well as it does.

FINANCIAL HEALTH

The club remains in a strong and stable financial position. Our disciplined approach to operational spending will need to continue as will a need to look for more opportunities to raise funds for the club. Re-starting the Bunnings BBQ's and looking at sponsorship opportunities will help us keep a healthy bottom line.

LOOKING AHEAD: THE 2026/2027 SEASON

As we turn our focus to the **2026/2027 season**, we aim to build on this incredible momentum:

- **Sustainable Growth:** I encourage every member to be an ambassador for Tiger Wests. Help us grow by inviting friends to join a club that is modern, supportive, and focused on athlete growth.
- **Committee Reinvigoration:** We are looking for fresh ideas to keep the 2026/2027 season exciting. We welcome anyone who wants to help shape our future, whether through social events or technical support.
- **The Tiger Spirit:** We will continue to invest in our athletes, ensuring that every Friday night is a balance of high-quality competition and genuine community fun.

Thank you to the committee, our athletes, and our legendary volunteers for an outstanding year.

See you at the track!

PETER HARPER - PRESIDENT

Treasurer's Report

We ended the year with a surplus of \$9,009 and a final cash balance of \$19,802. In round numbers, registrations were \$6,460 compared with \$5,275 last year. Overall income was up by \$14,312 and expenses were up by \$5,725 – but the income includes grants of \$14,600, and expenses include payments for items from the grants.

Some grant funds are still to be spent, so I have shown these as a \$10,000 'liability' in the statement. We don't owe this to anyone else, but we need to make sure we spend it on the items for which it was given. We look forward to further upgrades in our equipment as we spend these grants.

After expenses, barbecue sales brought in only \$298. We spent \$1,549 more on uniforms than we raised from selling them. This follows a change where the cost of a uniform is included in the registration. The cost includes uniforms for Regional and State Relay representatives and new Committee members, as well as re-stocking Club uniforms. Trophies cost \$1,360.

The cost of hiring the ground is shared with the senior club. We paid \$2,208 which is 20% of the total cost.

I am grateful to Bryan Pevely for reviewing the accounts.

CLIVE ELLIS - TREASURER

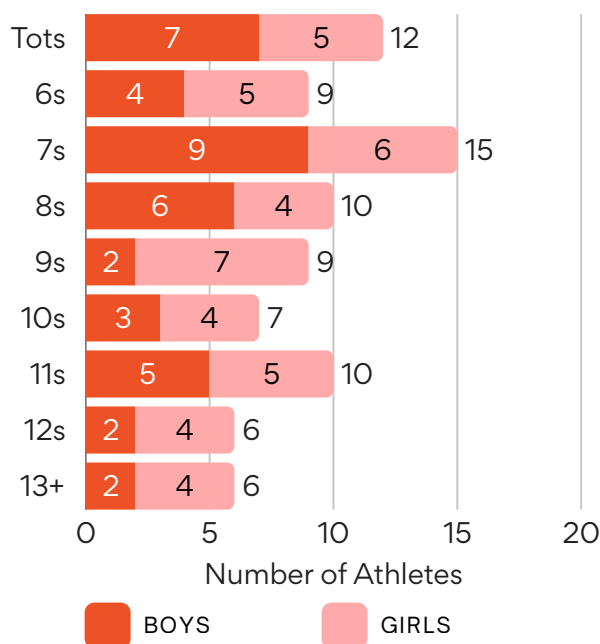


Income	2025-26 Year	Previous Year
Active Kids Receipts	1,280.00	1,010.00
BBQ Sales - Ours	3,988.50	3,579.50
BBQ Sales - Others	-	779.50
Grants	14,600.65	-
Miscellaneous Income	21.68	-
Registration Fees	5,180.40	4,264.80
Uniform Sales	525.00	1,920.00
Zone/Region Fees Received	270.00	
Total Income	25,866.23	11,553.80
Expenditure	2025-26 Year	Previous Year
Accounting/Audit Fees	501.18	99.91
Advertising	-	119.00
BBQ Expenses - Ours	3,690.20	2,006.90
BBQ Expenses - Others	-	716.61
Dept of Fair Trading	91.00	54.24
Equipment Purchases	4,016.80	2,778.01
Ground Rent	2,207.81	2,007.10
Insurance	105.92	155.26
Maintenance Equip/Ground	1,688.17	-
Miscellaneous Exp	175.00	-
Zone/Region/State Fees	878.00	510.00
Registration Fees LANSW	67.96	65.00
Training	-	50.00
Trophies	1,361.22	850.01
Uniform Purchases	2,073.74	1,720.40
Total Expenditure	16,857.00	11,132.44
Net profit (loss)	9,009.23	421.36
Opening balance:	10,792.89	10,371.53
Closing balance:	19,802.12	10,792.89
Current Assets		
Cash	300.00	300.00
Westpac Bank Account	19,502.12	10,492.89
Total Bank & Cash	19,802.12	10,792.89
Uniform Stock (cost price)	2,938.00	3,522.00
Total Current Assets	22,740.12	14,314.89
Less Liabilities - grants not yet spent	-10,000.00	-
Net Current Assets	12,740.12	14,314.89

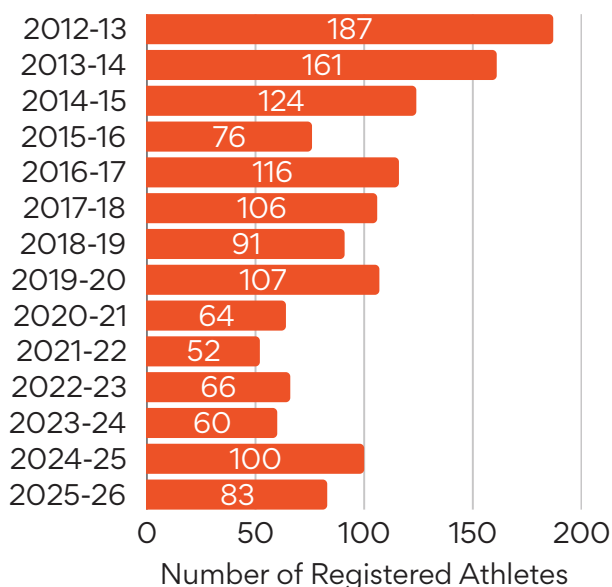
Registrar's Report

We had 83 registered athletes, a decrease of 17 from last season. 40 athletes returned from the previous season and we welcomed 43 new members this season. 35 children trialed Little Athletics at Tiger Wests and 14 of them registered. There were 43 Girls and 40 Boys registered. This season we also asked parent helpers and community volunteers to register and we had 37 parent helpers, 4 community volunteers. Rego fees for new members included uniforms and fees for returning members were unchanged from last.

2025-26 REGISTERED ATHLETES



TIGER WESTS LAC PAST SEASONS



FELIX SISAVANH - REGISTRAR

Coaching Report

During the off-season, we had 8 parents complete the Level 1 Youth Coaching Course funded through a grant from Dooleys. We also had parents attend the Introduction to Little Athletics Course in person at the start of the season and some who did the online e-learning course. Thank you to these parents for making the effort this season to improve your knowledge of the sport to help our athletes improve to be their best!

ALAN MONTAGNOLI - COACH

As a coach I'm extremely proud of the kids that turned up to training on a Wednesday leading into zone & regionals. To see the amount of PB's achieved in such a short time was great! To also see kids doing well at zone & then making it to regionals with more PB's was awesome! Hoping to see more kids at training next season doing their best to make it even further with rep honours. Big thanx goes out to fellow coaches Lillian & Felix along with Nicki & Ken for also helping out with training.



Friday Competitions Report

WORKING BEE

Thank you to the committee members who came to clean out our shed and clubhouse and for rearranging and stocktaking our equipment during the off-season. This helped make setup and packup each Friday night this season a breeze for the parent helpers.

FRIDAY NIGHT ATTENDANCE

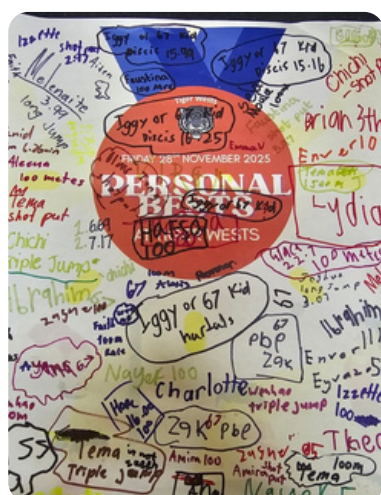
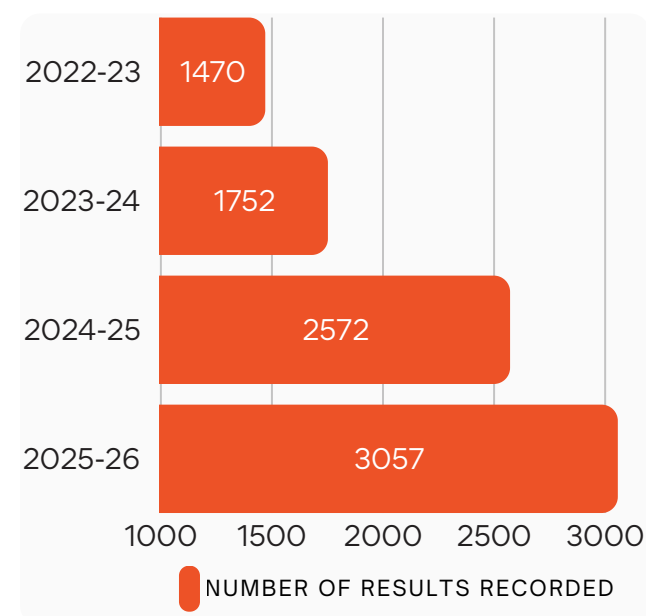
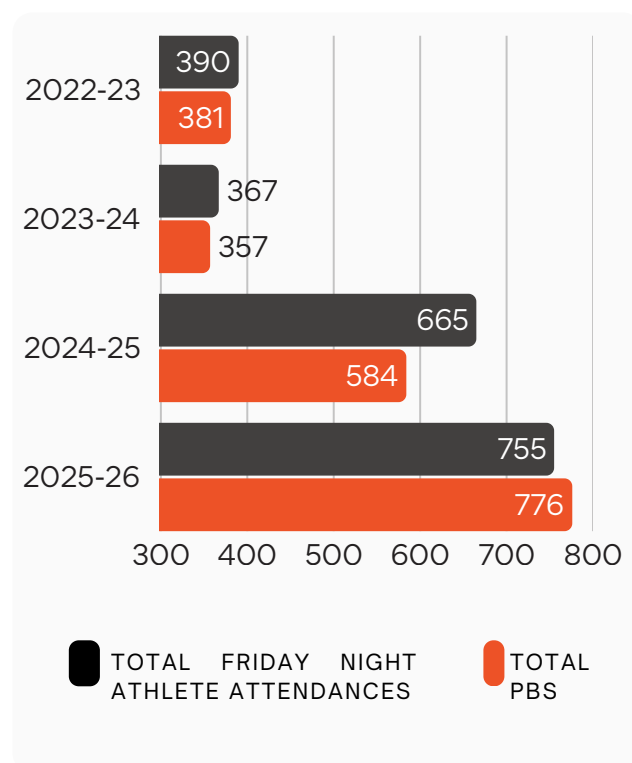
The season started with orientation nights to assist new parent helpers and new athletes with some of the events. We held 11 competitions in 2025 and 8 in 2026 with 3 Fridays cancelled due to weather. Although we had less athletes registered this season, our total Friday night attendances increased from last season.

ELECTRONIC RESULTS RECORDING

The season we also introduced parent helpers electronically recording field events via the ResultsHQ app. Timekeeping for track events was through the RaceHQ app connected to the electronic start speaker. Results from each Friday competition was uploaded immediately at the conclusion of events.

3 WEEK PROGRAM CYCLE

We introduced a new Friday program with each age group having at least one sprint, jump and throw event and finishing with a distance event each week. This allowed events on our track to flow smoothly while also giving athletes a chance to perform at their best in each event. Groups also had a bonus event each week, and we had modified equipment for groups to utilise between turn in field events.



PB SHEET

Signing the PB Sheet gave athletes an immediate sense of accomplishment for achieving a personal best in an event. We had a very large increase in PBs recorded and in the ratio of PBs recorded per participation this season.

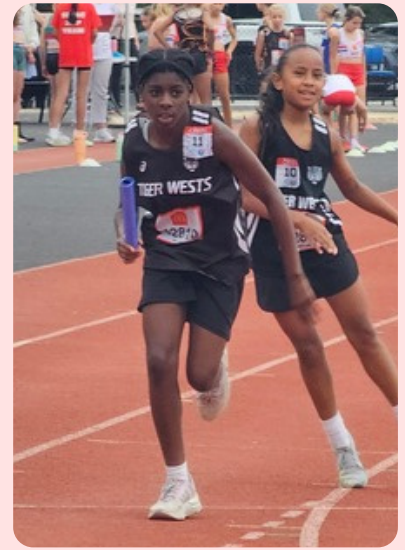


Athlete's Reports

My Experience at Little Athletics

by Chinyere Ikoro

Hello, my name is Chichi and my 2 seasons at Little Athletics has been amazing. I've made so many new friends over the past two years and I have learnt many new techniques in discus, shotput and hurdles. The highlight of Little A's so far has been going to state relays. I was really proud to be one of the first groups in our club to attend and I was even happier when we won first place in our race. It took weeks of training to get here, and I'm so grateful for my teammates that helped me along the way. Although our second race did not end with the same result because of a fall, we still got up and ran for our team, giving our best. The result doesn't always matter as long as you are having fun. That is why I love being a part of Little Athletics.



My Experience at Zone and Regionals

by Faith Montagnoli

This season I went to zone and competed in four events - 200m, 400m, 800m and discus. This was the first time I have ever competed in discus at zone. I threw a personal best in discus and qualified for regionals, I was so excited to have made it to compete at regionals for the first time. In the lead up to regionals we had special training with our coaches, my dad Alan, Lillian and Felix. I trained a lot with Felix who made it fun with lots of drills to help get me ready for competition. At regionals I didn't qualify for state but I tried my best and had lots of fun cheering for others on our team. I am excited to keep training so that I can try again next season.

Athlete Season Awards

This season we introduced a new awards system for our age groups where the main focus is on personal achievement through consistent improvement. Points were awarded to athletes for setting PBs (Personal Bests) or equaling PBs, and for every event an athlete completes. Each age/gender group was awarded the following, with a maximum of 1 award per athlete, and going down the list in order of importance:

- **Age Champion:** For the athlete that accumulates the most points over all the Friday night competitions
- **PB Champion:** For the next athlete that records the highest number of Personal Bests over all the Friday night competitions
- **PB Runner-up:** For the next athlete(s) in any larger groups that were very close on points or PBs

Athletes had to have attended at least 50% of the Fridays across the season, and at least 33% of the Fridays in the post-Christmas part of the season to have been eligible for awards.

To reward consistency and determination, this season we also recognised athletes for turning up and giving their best every Friday. Athletes who have been with Tiger Wests for many seasons were also rewarded with our milestone awards for total Friday attendances.

	Age Champion	PB Champion	PB Runner-up
6s Girls	Sarah Elarif	-	
6s Boys	Virgil Sisavanh	Theodore Zheng	Musa Efe
7s Girls	Charlotte Portelli	Lydia Khor Jana Hajaj Anau Moala	
7s Boys	Lucas Tan	Brian Xi	Enver Eyvaz Zayne Hajaj Nayef Hajaj
8s Girls	Grace Montagnoli	Atarah Kennedy	
8s Boys	Cecil Sisavanh	Harrison Lieu	Joshua Portelli
9s Girls	Udunma Ikoro	Amira Okwuagwu	Alexis Okwuagwu
9s Boys	Elliott Zheng	Malik Efe	
10s Girls	Faith Montagnoli	Melenaite Moala	
10s Boys	Oliver Lieu	-	
11s Girls	Chinyere Ikoro	Temaleti Moala	
11s Boys	Wenhao He	Jordan Kellcurcy	
12+ Girls	Hope Montagnoli	Rhea Chan	
12+ Boys	Daniel Xue	Josiah Okwuagwu	

PETER FORD PERPETUAL TROPHY

The award is given annually to someone who works for the benefit of the Club that goes above and beyond any regular duties. A person that is always there to help and assist. Who acts in the best interest of the Club and demonstrates a commitment to the principles of fair play and good sportsmanship. Someone that volunteers their time freely and not for financial gain. The recipient must be a parent, guardian or carer of a paid member or a TWLAC committee member.

Iron Tiger - 80% Friday Attendance Award	
Virgil Sisavanh	Elliott Zheng
Cecil Sisavanh	Daniel Xue
Faith Montagnoli	Theodore Zheng
Hope Montagnoli	Lydia Khor
Lucas Tan	Brian Xi
Chinyere Ikoro	Atarah Kennedy
Jana Hajaj	Harrison Lieu
Charlotte Portelli	Alexis Okwuagwu
Zayne Hajaj	Amira Okwuagwu
Nayef Hajaj	Issa Hajaj
Grace Montagnoli	Sarah Elarif
Joshua Portelli	Layla Elarif
Udunma Ikoro	Ethan Su

Bronze Tiger - 50 Friday Attendances Award	
Cecil Sisavanh	Oliver Lieu
Grace Montagnoli	Faith Montagnoli
Harrison Lieu	

Gold Tiger - 100 Friday Attendances Award	
Hope Montagnoli	Rose Harper

Age Group Reports

TINY TOTS (BORN 2021 AND 2022)

Tiny Tots is a modified introductory sports program for children aged 3-4 years. Designed to encourage the development of the Fundamental Movement Skills of running, walking, jumping and throwing that underpin the growth of specialised sporting skills in athletics and other sports.

A huge thank you to our community volunteers Nelunika and Jeacyl who led our Tiny Tots this season and thank you to all the parent helpers who assisted them with setup and packup each week.



6'S (BORN 2020)

6 GIRLS - Points

Sarah Elarif	65
Hafsa Comert	33
Olivia Murray	14

6 GIRLS - PBs

Sarah Elarif	11
Hafsa Comert	5
Olivia Murray	3

6 BOYS - Points

Virgil Sisavanh	91
Theodore Zheng	73
Musa Efe	54
Javier Uate	33

6 BOYS - PBs

Virgil Sisavanh	17
Theodore Zheng	14
Musa Efe	12
Javier Uate	6

SEASON BESTS	6 GIRLS		6 BOYS	
50m	Hafsa Comert	11.38	Virgil Sisavanh	10.63
70m	Sarah Elarif	16.71	Virgil Sisavanh	14.89
100m	Hafsa Comert	25.67	Virgil Sisavanh	21.85
200m	Sarah Elarif	53.83	Virgil Sisavanh	45.28
300m	Sarah Elarif	1:29.03	Musa Efe	1:17.27
Long Jump	Hafsa Comert	2.05m	Musa Efe	2.36m
Shot Put	Sarah Elarif	3.10m	Musa Efe	5.06m
Discus	Sarah Elarif	3.10m	Javier Uate	6.33m

7'S (BORN 2019)

7 GIRLS	Points	PBs
Charlotte Portelli	83	15
Jana Hajaj	77	15
Lydia Khor	71	15
Ayana Jasli	56	8
Anau Moala	51	15
Azelie Scillitani	26	2



			SEASON BESTS	7 GIRLS		7 BOYS	
7 BOYS	Points	PBs					
Lucas Tan	104	28	50m	Jana Hajaj	10.50	Zayne Hajaj	9.56
Zayne Hajaj	87	18	70m	Ayana Jasli	14.63	Nayef Hajaj	13.27
Brian Xi	86	20	100m	Azelie Scillitani	21.36	Zayne Hajaj	18.62
Nayef Hajaj	79	18	200m	Ayana Jasli	46.93	Zayne Hajaj	41.04
Enver Eyvaz	76	19	500m	Ayana Jasli	2:35.19	Zayne Hajaj	2:13.82
Amos Tonu	60	5	Long Jump	Anau Moala	2.47m	Zayne Hajaj	2.43m
Ethan Su	51	12	Shot Put	Jana Hajaj	3.90m	Enver Eyvaz	4.30m
Ibrahim Zreika	29	6	Discus	Jana Hajaj	7.17m	Lucas Tan	8.92m

8'S (BORN 2018)



SEASON BESTS	8 GIRLS	8 BOYS
70m	Atarah Kennedy 13.59	Joshua Portelli 12.51
100m	Atarah Kennedy 19.36	Joshua Portelli 17.94
200m	Grace Montagnoli 46.86	Joshua Portelli 39.71
400m	Grace Montagnoli 1:48.16	Jeyad Chahrouk 1:30.87
700m	Grace Montagnoli 3:18.76	Joshua Portelli 3:12.57
60m Hurdles	Grace Montagnoli 13.98	Zakaria Hamdan 12.41
Long Jump	Atarah Kennedy 2.77m	Joshua Portelli 3.07m
Shot Put	Atarah Kennedy 4.72m	Jeyad Chahrouk 5.30m
Discus	Atarah Kennedy 12.75m	Cecil Sisavanh 11.65m

8 GIRLS - Points	
Grace Montagnoli	96
Atarah Kennedy	83
Emilia Jasli	61
8 GIRLS - PBs	
Grace Montagnoli	25
Atarah Kennedy	19
Emilia Jasli	9

8 BOYS - Points	
Cecil Sisavanh	95
Joshua Portelli	88
Harrison Lieu	83
Abdullah Comert	54
Zakaria Hamdan	41
Jeyad Chahrouk	38
8 BOYS - PBs	
Cecil Sisavanh	19
Harrison Lieu	19
Joshua Portelli	16
Abdullah Comert	13
Zakaria Hamdan	11
Jeyad Chahrouk	10

9'S (BORN 2017)

9 GIRLS	Points	PBs
Udunma Ikoro	82	16
Amira Okwuagwu	81	16
Alexis Okwuagwu	79	15
Layla Elarif	71	14
Olive Tonu	67	12
Izzette Kennedy	44	12
Aleena Zreika	28	11



9 BOYS - Points	
Elliott Zheng	86
Malik Efe	59
9 BOYS - PBs	
Elliott Zheng	14
Malik Efe	11

SEASON BESTS	9 GIRLS		9 BOYS	
70m	Alexis Okwuagwu	12.02	Elliott Zheng	12.62
100m	Alexis Okwuagwu	15.61	Elliott Zheng	16.70
200m	Alexis Okwuagwu	37.95	Elliott Zheng	38.73
400m	Udunma Ikoro	1:29.73	Malik Efe	1:43.72
800m	Alexis Okwuagwu	3:24.46	Elliott Zheng	3:43.50
60m Hurdles	Udunma Ikoro	11.67	Elliott Zheng	12.40
High Jump	Alexis Okwuagwu	1.05m	Elliott Zheng	0.93m
Long Jump	Alexis Okwuagwu	3.58m *CR*	Elliott Zheng	3.15m
Shot Put	Udunma Ikoro	5.28m	Malik Efe	3.99m
Discus	Udunma Ikoro	13.42m	Elliott Zheng	9.50m

** 9 Girls Long Jump Record **

Previous Club Record: 3.42m

New Club Record 3.58m set on
13 Mar 26 by Alexis Okwuagwu



10'S (BORN 2016)

SEASON BESTS	10 GIRLS		10 BOYS	
70m	Melenaite Moala	11.59	Ryan Avram	13.70
100m	Emma Verity	16.00	Ignatius Scillitani	19.35
200m	Emma Verity	37.71	Ignatius Scillitani	52.86
400m	Emma Verity	1:26.62	Ryan Avram	1:45.11
800m	Emma Verity	3:19.50	-	-
60m Hurdles	Emma Verity	13.37	Ignatius Scillitani	16.98
High Jump	Emma Verity	1.10m	Ignatius Scillitani	0.90m
Long Jump	Melenaite Moala	3.46m	Ignatius Scillitani	2.53m
Shot Put	Emma Verity	5.31m	Ignatius Scillitani	4.57m
Discus	Emma Verity	14.41m	Ignatius Scillitani	16.83m

10 GIRLS - Points	
Faith Montagnoli	99
Melenaite Moala	80
Sela Moala	79
Emma Verity	70
10 GIRLS - PBs	
Faith Montagnoli	21
Melenaite Moala	18
Sela Moala	16
Emma Verity	15

10 BOYS - Points	
Oliver Lieu	51
Ignatius Scillitani	31
Ryan Avram	11
10 BOYS - PBs	
Oliver Lieu	11
Ignatius Scillitani	5
Ryan Avram	2

11'S (BORN 2015)

11 GIRLS - Points

Chinyere Ikoro	97
Temaleti Moala	75
Faustina Scillitani	44
Lucy Tawadros	12

11 GIRLS - PBs

Chinyere Ikoro	21
Temaleti Moala	12
Faustina Scillitani	9
Lucy Tawadros	1

11 BOYS - Points

Wenhao He	70
Jordan Kellcurcy	42
Henry Harper	13
Gabriel Rovero	12

11 BOYS - PBs

Wenhao He	18
Jordan Kellcurcy	4
Henry Harper	2
Gabriel Rovero	1



SEASON BESTS	11 GIRLS		11 BOYS	
100m	Chinyere Ikoro	16.48	Wenhao He	15.76
200m	Chinyere Ikoro	37.52	Wenhao He	37.73
400m	Chinyere Ikoro	1:29.68	Wenhao He	1:21.85
800m	Temaleti Moala	3:47.45	Wenhao He	3:24.26
1500m	Temaleti Moala	7:45.07	Wenhao He	7:01.92
80m Hurdles	Chinyere Ikoro	17.42	Wenhao He	16.56
High Jump	Temaleti Moala	1.10m	Wenhao He	1.10m
Long Jump	Temaleti Moala	3.20m	Wenhao He	3.61m
Triple Jump	Chinyere Ikoro	7.17m	Wenhao He	7.01m
Shot Put	Faustina Scillitani	5.97m	Wenhao He	6.6m
Discus	Faustina Scillitani	15.37m	Wenhao He	12.24m



12+ (BORN 2014 OR EARLIER)

12+ GIRLS - PBs

Hope Montagnoli	19
Rhea Chan	15
Aminah Hamdan	7
Rose Harper	4
Samantha Lau	2
Catherine Kazzi	2

12+ BOYS - PBs

Daniel Xue	21
Josiah Okwuagwu	16
Sebastian Spence	4
Aiden Ngo	2



Championships Reports

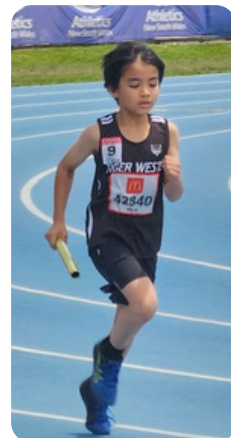
NSW STATE RELAY CHAMPIONSHIPS 2025 - 8TH AND 9TH NOVEMBER 2025

Tiger Wests sent teams to this season's State Relay Championships for the first time in over a decade. The State Relay Championships are the largest event on the LANSW calendar in terms of number of competitors. As the name suggests the championships are comprised entirely of relay events. We tried to form as many teams as possible based on the number of interested athletes.

We had teams entered into the Mixed Junior events which are for centres with less than 100 athletes and came away with the Gold in both the 4x100m and Long Jump relays. Our other teams ran their hardest against some of the bigger clubs from NSW and should be proud of how they represented our club with their efforts.

The kids had a great time training relays together in the weeks leading up and they had a great time competing in front of a huge crowd in a big stadium. Thank you to the coaches and parents for taking care of the teams during the weekend. We will build on this experience together and be ready for it again next season!

NSW State Relay Championships 2025 Results			
Cecil Sisavanh	Mixed Junior Long Jump	1st	516 points
Amira Okwuagwu			
Emma Verity			
Wenhao He			
Harrison Lieu	Mixed Junior 4x100 Metre Relay	1st	1:11.74
Alexis Okwuagwu			
Udunma Ikoro			
Chinyere Ikoro			
Atarah Kennedy	Mixed 8s 4x100 Metre Relay	8th	1:25.98
Cecil Sisavanh			
Grace Montagnoli			
Harrison Lieu			
Atarah Kennedy	Mixed 8s 4x200 Metre Relay	24th	3:02.06
Cecil Sisavanh			
Grace Montagnoli			
Harrison Lieu			
Alexis Okwuagwu	Mixed 9s 4x100 Metre Relay	10th	1:09.89
Elliott Zheng			
Jeyad Chahrouk			
Udunma Ikoro			
Elliott Zheng	Mixed 9s 4x200 Metre Relay	24th	2:48.71
Grace Montagnoli			
Izzette Kennedy			
Jeyad Chahrouk			
Chinyere Ikoro	Mixed 12s 4x100 Metre Relay	7th	1:03.89
Josiah Okwuagwu			
Rhea Chan			
Wenhao He			



Championships Reports

INNER CITY ZONE CHAMPIONSHIPS 6TH AND 7TH DECEMBER 2025

The Zone Championships are conducted in each of the 23 zones throughout NSW. Zone Championships are the first qualifying stage process to regional and state championships. Tiger Wests is part of the Inner City Zone and this season we sent 26 athletes representing every age group from the 7s up to the 15s to ES Marks in Kensington.

Our athletes showed great enthusiasm and camaraderie amongst themselves despite very challenging conditions on the Saturday, with temperatures on the track reaching the high 30s.

We entered a Junior Girls relay team for the first time in many seasons. The girls did the club proud, finishing the race strong despite an unfortunate collision on the last changeover.

Thank you to all our parent helpers who assisted our club officials at Shot Put and thank you for keeping our kids cool, hydrated, well fed and entertained in the grandstand across the whole weekend!



2025 Inner City Zone Championships Results			
Anau Moala	50m	10th	10.71
	70m	14th	15.26
	100m	16th	21.95
	Long Jump	12th	2.25m
Jana Hajaj	50m	9th	10.67
	70m	8th	14.08q
	70m - Final	8th	14.15
	100m	13th	21.52
	Long Jump	20th	1.77m
Lucas Tan	70m	18th	14.3
	100m	16th	20.61
	Discus	9th	4.39m
	Long Jump	14th	2.14m
Nayef Hajaj	50m	10th	9.69
	70m	11th	13.66
	100m	14th	20.04
	Long Jump	19th	1.91m
Zayne Hajaj	70m	10th	13.53
	100m	7th	18.90q
	100m - Final	5th	18.36
	500m	7th	2:04.65
	Long Jump	16th	2.07m
Atarah Kennedy	100m	11th	18.46
	60m Hurdles	15th	14.54
	Discus	2nd	11.56m
Cecil Sisavanh	60m Hurdles	16th	16.68
	Discus	6th	10.14m
	Long Jump	23rd	2.37m
	Shot Put	13th	3.92m
Grace Montagnoli	70m	22nd	15.29
	60m Hurdles	18th	18.4
	400m	13th	1:48.08
	700m	12th	3:23.28
Harrison Lieu	70m	13th	13.02
	100m	22nd	18.55
	200m	19th	40.75
	Long Jump	16th	2.64m
Zakaria Hamdan	100m	21st	18.55
	400m	19th	1:50.30
	Long Jump	24th	1.91m

INNER CITY ZONE CHAMPIONSHIPS - 6TH AND 7TH DECEMBER 2025

2025 Inner City Zone Championships Results				2025 Inner City Zone Championships Results			
Alexis Okwuagwu	100m	2nd	16.13Q	Chinyere Ikoro	100m	13th	15.52
	100m - Final	3rd	16.17		200m	9th	32.45
	60m Hurdles	4th	12.18q	Temaleti Moala	100m	29th	17.34
	60m Hurdles - Final	3rd	11.66		200m	23rd	38.66
	High Jump	6th	0.95m		Long Jump	16th	2.98m
	Long Jump	4th	3.38m		Triple Jump	14th	6.50m
	Amira Okwuagwu	100m	14th	17.18	Wenhao He	100m	23rd
60m Hurdles		9th	12.56	Shot Put		11th	6.87m
High Jump		7th	0.95m	Josiah Okwuagwu	80m Hurdles	8th	16.40q
Long Jump		12th	3.00m		80m Hurdles - Final	5th	15.34
Elliott Zheng	70m	14th	12.76		200m	18th	34.03
	200m	20th	39.04		400m	13th	1:14.83
Udunma Ikoro	100m	9th	16.77		High Jump	5th	1.30m
	60m Hurdles	5th	12.22q		Long Jump	8th	4.01m
	60m Hurdles - Final	7th	12.19		Triple Jump	7th	8.42m
	Discus	6th	10.75m		Aminah Hamdan	100m	26th
Emma Verity	100m	20th	16.8	200m		16th	31.3
	60m Hurdles	8th	13.50q	400m		15th	1:14.57
	60m Hurdles - Final	7th	13.09	High Jump		11th	1.20m
	400m	13th	1:25.90	Long Jump	20th	3.39m	
	Long Jump	8th	3.35m	Hope Montagnoli	200m Hurdles	14th	40.6
Faith Montagnoli	200m	18th	43.18		400m	17th	1:23.57
	400m	19th	1:39.31		800m	18th	3:14.11
	800m	14th	3:44.74	1500m	16th	6:38.11	
	Discus	6th	13.74m	3000m	7th	14:04.82	
Melenaite Moala	70m	10th	12.17	Daniel Xue	Long Jump	10th	4.23m
	100m	21st	16.82		Triple Jump	2nd	10.59m
	200m	16th	36.49	Rose Harper	Discus	3rd	20.93m
	400m	17th	1:30.27		Javelin	3rd	23.60m
Sela Moala	70m	11th	12.19				
	100m	22nd	16.84				
	200m	13th	36.03				
	400m	15th	1:28.98				
Emma Verity	Girls Junior Relay 4x100m	7th	1:08.29				
Sela Moala							
Chinyere Ikoro							
Udunma Ikoro							

Championships Reports

COLES REGION 8 CHAMPIONSHIPS - 31ST JANUARY AND 1ST FEBRUARY 2026

11 of our athletes returned to ES Marks Kensington after the summer break to compete against the best from the Inner City Zone and the Southern Met Zone at the Region 8 Championships. For most, it was their first time at this level. They really embraced the experience preparing for their events in the weeks after Zone and when participating on the day. We hope to see them all and more of our athletes competing again at Region next season.



NSW STATE CHAMPIONSHIPS - MARCH 2026

3 of our athletes progressed to the State Championships as next best qualifiers in their events at the conclusion of all the Region Championships across NSW. Qualifying all the way to the State Championships is a tremendous achievement and we are so proud of Daniel, Rose and Alexis for representing our little club at the big show in Olympic Park! Congratulations to all three!



Coles Region 8 Championships 2026 Results			
Atarah Kennedy	Discus	4th	10.95m
Cecil Sisavanh	Discus	11th	10.59m
Alexis Okwuagwu	100m	4th	16.04Q
	100m - Final	4th	15.99
	60m Hurdles	14th	13.37
	High Jump	4th	1.00m
	Long Jump	5th	3.57m
Amira Okwuagwu	High Jump	6th	1.00m
Udunma Ikoro	60m Hurdles	10th	12.11
	Discus	10th	11.56m
Emma Verity	60m Hurdles	10th	13.33
	Long Jump	10th	3.40m
Faith Montagnoli	Discus	13th	8.58m
Josiah Okwuagwu	80m Hurdles	12th	15.59
	Long Jump	9th	4.29m
Hope Montagnoli	3000m	10th	14:26.87
Daniel Xue	Triple Jump	4th	10.75m
Rose Harper	Discus	4th	24.45m
	Javelin	5th	24.45m
	Shot Put	4th	8.96m

NSW Junior Championships 2026 Results			
Daniel Xue	Triple Jump	19th	10.14m
Rose Harper	Javelin	22nd	23.31m

NSW Little Athletics Championships 2026 Results			
Alexis Okwuagwu	Long Jump	15th	3.33m



Gala Day Competitions

Throughout the season, other Centres host Gala Days and other special events to which all registered Little Athletes are invited. Many Gala Days are held in the weeks prior to Zone and serve as a great opportunity to prepare for the Championships. They are fun social events with medals and trophies being awarded. All athletes are welcome to compete including young Tiny Tots athletes.

DOONSIDE TWILIGHT GALA DAY - SATURDAY 18TH OCTOBER 2025



Doonside Twilight Gala Day Results			
Virgil Sisavanh	50m	5th	11.50
	300m	7th	1:30.60
	Long Jump	3rd	2.04m
	Discus	8th	5.24m
Amos Tonu	100m	14th	21.90
	Shotput	7th	4.06m
Cecil Sisavanh	60m Hurdles	17th	15.80
	700m	10th	3:24.50
	Long Jump	10th	2.54m
	Discus	12th	6.67m
Atarah Kennedy	100m	7th	19.70
	200m (9's)	20th	48.60
	Long Jump	5th	2.64m
	Discus	4th	8.41m
Alexis Okwuagwu	800m	8th	3:31.90
	Long Jump (10's)	20th	2.91m
	High Jump	2nd	1.00m
Amira Okwuagwu	800m	9th	3:39.10
	Long Jump (10's)	18th	2.95m
	High Jump	4th	0.95m
Olive Tonu	Long Jump (10's)	27th	2.49m
Udunma Ikoro	100m	4th	17.00
	Long Jump (10's)	23th	2.68m
Wenhao He	High Jump	6th	1.05m
Chinyere Ikoro	100m	5th	16.60
	High Jump	3rd	1.05m
Josiah Okwuagwu	800m	7th	3:00.50



CMWZ COMBINED CARNIVAL SUNDAY 2ND NOVEMBER 2025

Athletes competed in 6 events over the course of the day. Points for each event were tallied at the end of the day to determine placings.

CMWZ Combined Carnival Points		
Virgil Sisavanh	2nd	3539 points
Nayef Hajaj	6th	2054 points
Zayne Hajaj	4th	2404 points
Jana Hajaj	7th	2541 points
Anau Moala	6th	2685 points
Cecil Sisavanh	5th	2093 points
Grace Montagnoli	6th	2252 points
Melenaite Moala	3rd	2177 points
Sela Moala	2nd	2557 points
Faith Montagnoli	5th	1540 points
Temaleti Moala	5th	2395 points
Wenhao He	2nd	3277 points
Hope Montagnoli	4th	1983 points

MOUNT DRUITT LAC GALA DAY SUNDAY 23RD NOVEMBER 2025

Mount Druitt LAC Gala Day Results			
Anau Moala	70m	4th	14.80
	100m	7th	23.00
	200m	4th	46.90
	Discus	6th	2.02m
Cecil Sisavanh	Shot Put	6th	4.33m
	Discus	8th	10.05m
	Long Jump	17th	2.07m
Melenaite Moala	100m	8th	18.20
	400m	3rd	1:46.50
	Discus	9th	10.35m
Sela Moala	Long Jump	9th	3.05m
	100m	7th	17.50
	400m	2nd	1:36.50
	Discus	7th	11.30m
Temaleti Moala	Long Jump	7th	3.17m
	200m	7th	40.80
	800m	4th	3:46.90
	Discus	9th	11.57m
	Long Jump	8th	3.21m

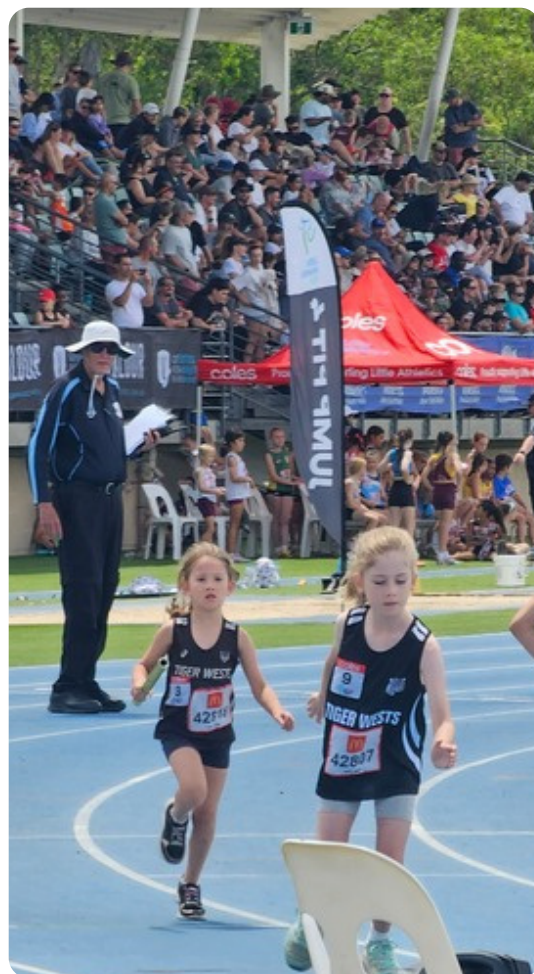
LAKE ILLAWARRA SUMMER CARNIVAL SUNDAY 11TH JANUARY 2026

Lake Illawarra Summer Carnival Results			
Virgil Sisavanh	50m	8th	12.94
	70m	6th	17.00
	100m	7th	24.20
	300m	6th	1:20.08
	Long Jump	7th	1.91m
	Shot Put	2nd	3.78m
Cecil Sisavanh	Discus	4th	6.22m
	60m H	12th	17.76
	Long Jump	14th	2.50m
	Discus	6th	10.79m



BLACKTOWN AUSTRALIA DAY CARNIVAL SUNDAY 18TH JANUARY 2026

Blacktown Australia Day Carnival Results			
Virgil Sisavanh	Long Jump	13th	1.82m
	Shot Put	2nd	4.87m
Cecil Sisavanh	Long Jump	12th	2.38m
	Shot Put	5th	4.49m
	60m Hurdles	18th	16.30
Anau Moala	Long Jump	8th	2.35m
	500m	10th	2:22.31
	100m	10th	21.09
Melenaite Moala	100m	9th	17.31
Sela Moala	100m	7th	17.07
Temaleti Moala	80m Hurdles	8th	20.46
	100m	11th	18.62
	Discus	8th	11.22m







2025-26 Committee Members	
Alan Montagnoli	Karen Harper
Alan Patterson	Ken Lieu
Clive Ellis	Lauren Hawkins-Lieu
Emma Clift	Lillian Ikoro
Eyyub Comert	Nicki Montagnoli
Fadi Hajaj	Peter Harper
Felix Sisavanh	Sam Tonu
Inan Efe	Zoubeyda Hajaj

TWLAC Life Members	
John Mittelhauser	Peter Ford
Peter Lewis	Wayne Crandell
Steve McLaren	Mario Corio
Phil Sigsworth	Alan Patterson
Barry Rooney	Ann Hay
Rick Marrins	Judy Thompson
Ian Stephenson	Beth Whitaker
Louise Turnbull	Linda Dicker
Michael Turnbull	Karen Bland



Report Prepared by
Felix Sisavanh